KELLIE KRASOVEC, Dipl. Ac., L.Ac.

Health History Questionnaire

Please help me provide you with a complete evaluation by taking the time to fill out this questionnaire carefully. This information is considered confidential. If I sincerely believe your condition will not respond satisfactorily, I will not accept your case. If you have any questions, please ask. If you have anything you wish to bring to my attention which is not asked on this form, please note it in the *Comments* section. Thank You.

Name:	Date of Birth:		Age:	
Address:	Height:	_ Weight:	_ Sex:	
	Employer:			
	Occupation:			
Phone: Hm/Wk/Cell	Had Acupunctur	e previously?	YES NO	
Email:	Like to receive m	Like to receive monthly newsletter?		
Spouse's Name:	Marital Status:			
Physician:	Referred to this o	ffice by:		
In Emergency, Notify:	·		ne:	
Main problem you would like help with:				
When did the problem begin (be specific):				
To what extent does the problem interfere with you	ur daily activity (wo	ork, exercise, sleep,	sex, etc.)?	
		•	·	
Have you been given a diagnosis for the problem?	: If so what?			
Trave yee been given a diagness for the presient.	11 30, WHAT.			
What kind of treatments have you tried or are using				
what kind of fredittierns have you med of dre osing	JŸ			
Past Medical History – please note dates:				
Cancer: Chemo/Radio	ation: (dates)			
	es:			
	essure: e:			
	ones:		gles:	
Surgeries (types & dates):				
Significant Traumas:				
Significant Dental Work:				
Scars & Locations:				
Allergies (drugs, chemicals, foods, etc.)				
Occupational Stress (chemical, physical, psycholog	 gical)			
Birth History (prolonged labor, forceps, premature,	etc.)			

□ Cancer	∏ Heart Disease		□ Asthma
□ Diabetes			□ Allergies
☐ High Blood Pressure			□ Depression/Anxiety
Other:			
Medications/Supplements What medications and/or sup	pplements are you currentl	y taking?	
Have you had any courses o		ıny □ A few □ l d	or 2 🗆 None Why?
Habits Do you have a regular exerc	ise program? Please descr	ibe:	
Are you or have you been or	n a restricted diet? What ki	nd and why?	
Please indicate usage per do	ay or per week:		
Cigarettes	_ per Day/Week/Month	Tea	per Day/Week/Month
	_ per Day/Week/Month	Soft Drinks	per Day/Week/Month
	_ per Day/Week/Month	Sugar	per Day/Week/Month
	per Day/Week/Month	Water	per Day/Week/Month
Please describe your average Morning:	e daily diet:		
Afternoon:			
Evening:			
	Decree of the form		-0
Che	Do you suffer from c eck all that apply, and for ϵ		
General			
□ Recurrent Infections	□ Oozing		□ Eye Pain
□ Night Sweats	☐ Pimples		□ Excessive Tearing
Sweat easily	☐ Dry skin /	·	□ Squint
☐ Bleed or bruise easily	☐ Recent m		☐ Glasses
☐ Strong thirst (prefer hot or c☐ Thirst with no desire to drink			□ Sore eyes □ Facial Pain
☐ Fatigue			□ Nose bleeds
☐ Sudden energy drops	Head/Eyes	/Ears/Nose/Throat	
Time of day	⊓ Headach		☐ Nasar ascharge ☐ Blocked nose
□ Poor Sleep			□ Snoring
☐ Tremors			☐ Grinding teeth
□ Poor Balance	☐ Migraines		☐ Teeth problems
□ Edema	□ Dizziness		☐ Recurrent sore throat
□ Underweight	□ Discharge	e from ear	☐ Hoarseness
□ Overweight	□ Poor hea		□ Tonsillitis
	□ Ringing ir	n ears	□ Swollen glands
Skin	☐ Blurry visio		□ Sores on lips/mouth
□ Rashes	□ Night blin		□ Other
□ Itching	☐ Color blin		
□ Eczema	□ Spots in fr	ront of eyes	

Cardiovascular	Genito-urinary	Musculoskeletal
□ Pacemaker	☐ Pain on urination	□ Neck ache/pain
☐ High Blood Pressure	□ Urgency with urination	□ Back ache/pain
☐ Low Blood Pressure	☐ Frequent urination	□ Knee ache/pain
□ Chest discomfort/pain	☐ Blood in urine	□ Shoulder pain
☐ Heart Palpitations	□ Decrease in urinary flow	□ Elbow/Forearm pain
□ Cold hands or feet	☐ Unable to hold urine	□ Hand/Wrist pain
□ Swelling of hands or feet	□ Incontinence at night	□ Foot/Ankle pain
□ Blood Clots	☐ Dribbling urination	☐ Joint/Bone problems
□ Spider veins	☐ Kidney stones	☐ Torn tissues
□ Fainting	□ Prostate problems	□ Prostheses
□ Other	□ Impotency	☐ Muscle pain/weakness
	☐ Changes in sexual drive	☐ Hernia
Respiratory	□ Rashes	Other
□ Difficulty breathing	☐ Do you wake at night to urinate?	
□ Pain with breathing	How many times?	Neurological
☐ Shallow breathing	□ Other	□ Seizures
☐ Shortness of breath		☐ Nerve damage
	Gynecological	
Production of phlegm		□ Paralysis
Color	# of pregnancies	☐ Stroke
Recurrent cough	# births	☐ Sleep disorder
☐ Bronchitis	# premature births	□ Concussion
	# abortions	□ Vertigo
☐ Asthma/Wheezing	Age of 1st menses	☐ Lack of coordination
☐ Tonsils Removed	# days between menses	□ Loss of balance
□ Other	Duration of menses	□ Poor memory
	1st day of last menses	□ Difficulty in concentrating
	Age of menopause	
	□ Other	
Digestion	Date of last PAP	
☐ Bad breath		
□ Change in appetite		Behavioral
□ Nausea	□ PMS	□ Vacant
□ Vomiting	□ Irregular periods	□ Moody
☐ Heartburn	□ Painful periods	□ Easily susceptible to stress
□ Indigestion	□ Light periods	□ Aggressive/Bad temper
□ Belching	☐ Heavy periods	□ Lose control of emotions
□ Abdominal pain or cramps	□ Clots	□ Anxiety
□ Weight gain	□ Fibroids	□ Panic Attacks
□ Weight loss	□ Endometriosis	□ Depression
□ Loose stools / Diarrhea	□ Infertility	□ Fear
☐ Strong smelling stools	□ Vaginal discharge	□ Substance abuse
□ Bloody stools	□ Vaginal sores	□ Other
□ Pale stools	□ Postcoital bleeding	
□ Green stools	□ Breast lumps	Have you ever been treated for
□ Black stools	□ Nipple discharge	emotional problems?
□ Constipation	□ Other	□ yes □ no
□ Alternating Constipation/Diarrhea		,
☐ Pain with passing stools	Do you practice birth control?	Have you ever considered or
□ Gas	□ yes □ no	attempted suicide?
□ Rectal pain	What type and for how long?	□ yes □ no
☐ Hemorrhoids		_ , 30
☐ Anorexia nervosa		
	Are you pregnant now?	
□ Other	□ yes	

□no

□ don't know/maybe

ase note the severity	y of your <u>pain</u> c	or concern right now:					
	3	45	6	7	8		
No Problem						Worst Imaginable	е
se note the greates	t degree of sev	erity of this problem	within the last wo	eek:			
	3	45	6	7	8		
No Problem						Worst Imaginable	е
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Email: At times, Kellie Krasovec Acupuncture (KKA) uses email to correspond with patients as a convenience. However, these emails are not encrypted and could theoretically be read by an outside party with the technical skills to intercept such correspondences. By initialing this, you consent to allow KKA and its associates to correspond with you via email despite these potential risks. Initial: ____

<u>Informed Consent for Acupuncture & Chinese Medicine Treatment</u>

I, the undersigned, hereby request and consent to the performance of acupuncture procedures including, but not limited to, moxibustion, cupping (dry and/or wet), plum blossom, gua sha, electroacupuncture, Tuina (Chinese massage), and Chinese herbal supplements, on me or the patient for whom I am legally responsible, by my acupuncture practitioner. I recognize the potential risk and benefit of this procedure as described below:

Potential Risk:

Discomfort, pain, infection, weakness, fainting, nausea, temporary discoloration at site of procedure, occasional aggravation of symptoms existing prior to the treatment.

Potential Benefits:

Drugless relief of presenting symptoms and improved balance of the body's circulations, which may lead to prevention or elimination of the presenting problems and strengthen the constitution.

I agree to inform acupuncturist if I become pregnant or if I am potentially pregnant.

I agree to the above named procedures. I intend this consent form to cover the entire course of treatment for my presenting condition and for any future conditions for which I seek treatment.

I hereby release Kellie Krasovec from any and all liability which may occur in connection with the above mentioned procedures, except for failure to perform the procedures with appropriate medical care. I understand that I am free to withdraw my consent and discontinue participation.

Signature of Patient or Patient's Representative	Date
Print Name of Patient or Patient's Representative	Date
Signature of Witness	Date

COLORADO MANDATORY DISCLOSURE STATEMENT

Kellie Krasovec, Dipl.Ac., L.Ac. 137 Main Street, O-201 Riverwalk Diamond Bldg. Edwards, CO 81632 970.926.6588

INITIAL INTAKE AND TREATMENT: \$180 - \$220 FOLLOW-UP TREATMENT: \$125 - \$170

COSMETIC ACUPUNCTURE: \$180 initial visit: \$165 per Tx CELLUMA LIGHT THERAPY: \$30 per 30 minute treatment

HERBAL FORMULAS: varies

Kellie Krasovec is certified as a Diplomate in Acupuncture by the National Certification Commission for Acupuncture and Oriental Medicine. She earned her Master of Science in Oriental Medicine in 2005 from Southwest Acupuncture College located in Santa Fe, New Mexico. This four-year program includes 1873 actual classroom hours and 1030 clinical hours. The degree includes training in acupuncture, auriculotherapy, moxibustion, cupping, tuina, Chinese herbology, electrical stimulation and nutritional therapy.

Kellie Krasovec earned three advanced certificates during additional studies in Beijing, China, in 2004 and 2005. Two of these were awarded by the Beijing International Acupuncture Training Centre for programs in Acupuncture and Moxibustion as well as Chinese Herbal Medicine. A third was awarded by Guang An Men Hospital for in-hospital training in Traditional Chinese Medicine. She is also certified as a Facial Rejuvenation practitioner.

Kellie Krasovec is a member of the American Acupuncture Council and is licensed acupuncturist by the state of Colorado.

This practitioner complies with all the rules and regulations promulgated by the Colorado Department of Public Health and Environment, including those related to the proper cleaning and sterilization of needles and the sanitation of acupuncture offices. Only single-use, disposable, factory-sterilized needles are used.

As a patient you are entitled to receive information about the methods of therapy, techniques used and duration of such therapy, if known.

As a patient you are entitled to seek a second opinion from another health care professional and may terminate therapy at any time.

In a professional relationship, sexual intimacy is never appropriate and should be reported to the Division of Registrations in the Department of Regulatory Agencies.

The practice of acupuncture is regulated by the Colorado Department of Regulatory Agencies at the following address:

Director, Division of Registrations Acupuncturists Licensure 1560 Broadway, Suite 1350 Denver, CO 80202 303.894.7800

I HAVE READ AND UNDERSTAND THE ABOVE INFORMATION.		
Patient or Guardian's signature	Date	

Financial Policy

- Payment is due at time of service, unless otherwise arranged prior to treatment.
- Failure to give 24-hour notice for cancellation of any appointment will result in \$25 cancellation fee.
- Failure to notify office and failure to meet appointment without any notice will result In a \$125 missed appointment fee.

Any patient wishing to have insurance cover all or a portion of their treatment should contact their insurance provider to learn the coverage boundaries of their policies with respect to Traditional Chinese Medicine including Acupuncture.

- I am able to provide my patients with a Superbill upon request.
- A Superbill is an invoice for your visit that uses standardized codes for all of the treatments performed. This process requires the patient to pay the full cost of the treatment out-of-pocket at the time of the visit. The Superbill can thereafter be submitted to your insurance carrier for full or partial reimbursement depending on your policy. Patients wishing to make use of this service should check with their insurance carriers to be sure that Superbills are accepted.

<u>Payment Agreement</u> (please check and sign)

☐ I understand the above terms and a check or a credit card at each visit	gree to keep my account current by paying with cas	h,
Signature	Date	-
Print Name		